



BREAKFAST MENU

6:30 – 11 am

SURYA SPA BREAKFAST BREAD 14

*gluten free, grain free, paleo

Fresh Almond Butter, Bananas, Toasted Almonds, Local Raw Honey

SLICED FRUIT & BERRIES 22

Hand Selected from Santa Monica Farmer's Market

AVOCADO TOAST 18

Grilled Whole Wheat Country Loaf, Avocado Smash, Heirloom Tomatoes,
Pickled Carrots, Sprouted Seeds, Radish Sprouts, Urfa Pepper
+ Poached Organic Egg 5 or Smoked Salmon 6

STEEL CUT OATS & QUINOA PORRIDGE 15

Almond Milk, Date Butter, Local Honey, House Strawberry Jam

GREEK GODDESS BOWL 19

Greek Yogurt, Hemp Granola, Grilled Stone Fruit, Burnt Sumac Honey

MEDITERRANEAN BREAKFAST 23

Hummus, Labneh, Feta Cheese, Soft Boiled Eggs, Baby Lettuce & Herb Salad,
Laffa Bread

FREE RANGE EGG WHITE OMELET 24

Garden Ratatouille, Baby Lettuces, Garden Herbs

PROPER BREAKFAST 30

Two Eggs Your Way, Smoked Bacon, Avocado,
Sprouted Grain Hash Browns, Sautéed Kale
+ Fresh Squeezed Juice and Coffee

WARNING: Certain foods and beverages sold or served here can expose you to chemicals including acrylamide in many fried or baked foods, and mercury in fish, which are known to the State of California to cause cancer and birth defects or other reproductive harm. For more information go to www.P65Warnings.ca.gov/restaurant.
*Consuming raw or undercooked meat, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.

Drinking distilled spirits, beer, coolers, wine and other alcoholic beverages may increase cancer risk, and, during pregnancy, can cause birth defects. For more information go to www.P65Warnings.ca.gov/alcohol. Santa Monica Proper adds a 3% wellness surcharge to assist in providing healthcare benefits for our colleagues. For parties of 8 or more guests, Santa Monica Proper adds a 20% service charge that goes directly to its colleagues.

V Vegan | VEG Vegetarian | * Raw Food



WELLNESS JUICES

FOUNTAIN OF YOUTH 12

Orange Juice, Raw Honey, Apple Cider Vinegar, Lemon, Ginger, Turmeric, Cayenne Pepper

ALCHEMIST 13

Kale, Spinach, Parsley, Lemon, Green Apple, Celery, Cucumber, Aloe Vera

SMOOTHIES

BLUEBERRY 15

Blueberries, Banana, Kale, Green Superfood, Almonds, Almond Milk

MATCHA 15

Matcha, Coconut, Dates, Cashew Butter, Plant-Based Protein, Almond Milk

BANANA-ALMOND 15

Banana, Cocoa Powder, Maca Powder, Royal Jelly, Almond Milk

ACAI 16

Acai, Berries, Banana, Hemp Seed Granola, Bee Pollen, Toasted Coconut, Raw Honey, Almond Milk

FRESH SQUEEZED JUICE

Orange 6 Grapefruit 6

COFFEE

by our friends at Counter Culture

Coffee 5 Espresso 5 Macchiato 6 Cortado 6 Cappuccino 7 Latte 7

ORGANIC TEA

by our friends at Tea Leaves 5

English Breakfast | Earl Grey Lavender | Peppermint | Long Life Green
Chamomile Blossoms | Vanilla Rooibos

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