



# Verbena

## MENU OF SERVICES

### THE SPA

---

Only steps away from downtown's buzz and waterfront, our holistic spa getaway offers a respite of physical and mental calm to balance Austin's naturally active energy. Upon entry, decompress with a detoxifying drink in our pretreatment reception lounge. As seasoned therapists discuss your needs and guide you through the dressing rooms and facilities, decide how you'll pamper yourself today: A body scrub? Deep facial? Customized massage? Afterwards, relax with a long steam shower. Need to hide out? Slip into serenity with in-room spa and beauty treatments by our wellness squad, available with advance notice.

### MASSAGE

---

#### *THE PROPER MASSAGE*

A bespoke massage that will indulge your muscles, whether you are in need of a Swedish massage or Deep Tissue or perhaps an infusion of both.

60 minute \$198 | 90 minute \$288

#### *SPORTS MASSAGE WITH CBD*

An invigorating massage designed for active sports enthusiasts which incorporates stretching to enhance range of motion.

60 minute \$208 | 90 minute \$298

#### *PRENATAL MASSAGE*

Alleviate the discomforts of pregnancy and reclaim posture and flexibility. Sure to relieve stress on joints, neck and back while nurturing body and soul. (Prenatal massage only performed after your first trimester)

60 minute \$208 | 90 minute \$298

#### *REFLEXOLOGY MASSAGE*

Utilizing the various reflex pathways with the hands and feet, a pressure point massage is performed to target specific areas on the internal system.

30 minute \$118 | 60 minute \$208

#### *TANDEM STRESS RELIEVING THERAPY*

Two massage therapists working together to relieve the stress of the day and encourage deep relaxation through a stimulating scalp, neck and shoulder massage, while a foot & hand massage simultaneously delivers healing energy the mind, body and soul.

45 minute \$228

### *TEQUILA: THE PROPER WAY*

Ease your body aches with the healing oils of agave and tequila. Start with a sip of LALO Tequila that will touch all your senses as the massage therapist guides you through a meditation of reflection. Detoxifying to the skin all while increasing relaxation with our infusion massage.

90 minute \$328 | 120 minute \$428

## **FACIALS**

---

### *THE PROPER FACIAL*

This bespoke five-step process resurfaces skin with nourishing enzyme exfoliation, refines pores through cleansing and extraction and boosts circulation and skin tone with rejuvenating, collagen-shaping massage. A tailored mask leaves skin plumped, balanced and glowing.

60 minute \$198 | 90 minute \$288

### *THE GUA SHA FACIAL*

The radiance-inducing magic of the Proper facial deepened by the ancient Chinese Gua Sha technique. Here, the stone tool massages the face to stimulate the body's natural detox system for clearer skin and more even texture and tone. With boosted circulation and relieved muscle tension, this deeply relaxing treatment induces optimal skin health and instant luminosity.

75 minute \$248

### *BACK TO FRONT FACIAL*

Starting with the hard-to-reach area of your back by exfoliating, deep cleansing and hydrating, then your esthetician will turn the focus on your face's skincare and perform the Proper Facial.

90 minute \$328

## **FACIAL ENHANCEMENTS**

Saint Jane Beauty is a luxury, clean powerful skincare brand that's female centric and nurturing at its core. Award winning CBD skincare, named after Saint Jane, the Saint of Healing.

### *LUXURY CBD BEAUTY SERUM*

Massaged into your skin to any facial that will leave the skin feeling nourished, moisturized and calm.

No added time - \$35

### *LUXURY CBD BODY SERUM*

Used as your massage oil for the neck and shoulder massage in any facial that will leave the skin feeling nourished, moisturized and calm.

No added time - \$35

## **FACIAL WAXING**

---

Brow - \$40

Lip - \$30

Chin - \$30

*Additional body waxing available upon request.*

**HOURS OF OPERATION**

Verbena Spa opens at 10:00am – 6:00pm Monday – Thursday and 9am - 7pm Friday through Sunday.

**PRICING AND PAYMENTS**

To maintain maximum standards of service and quality, prices may change without prior notification. All major credit cards accepted. Personal checks are not accepted.

*To help cover the cost of health care benefits that we offer our employees we will be adding a Wellness Fee of 3% plus tax per service. Thank you for supporting our staff.*

**SPA ETIQUETTE**

The Verbena Spa is a cellphone and smoke-free zone. Please respect all guests' right to privacy.

**CANCELLATION**

A valid credit card is required to hold all reservations. To avoid a full-fee charge, we require a 6-hour advance notice to cancel or reschedule any service. Please note that late arrival will result in reduced treatment time.

**GRATUITY**

For your ease and convenience, a suggested 20% gratuity will be applied to each service. It is fully distributed to the spa therapist and support staff who served you during your spa experience. You are welcome to make any adjustments to the gratuity amount according to your personal experience at check-out.

**ARRIVAL**

We encourage your arrival 15 to 30 minutes prior to your appointment to enjoy exclusive spa facilities, including complimentary steam rooms, and lounge with accompanying amenities. We invite hotel guests to arrive at the Spa wearing the robe and slippers provided in their guest room. Verbena Spa will provide towels, slippers and additional amenities required for use during your spa experience.

**HEALTH CONDITIONS**

Prior to your treatment selection, please be sure to inform us of any health conditions you may have such as allergies, injuries, or pregnancy, as these may affect your treatment selection.

**AGE POLICY**

Guests must be 18 years of age or older to experience spa treatments and enjoy the spa facilities. Guest under the age of 16 can enjoy our spa treatments accompanied by a parent or guardian, they will not have access to the spa facilities.