



Verbena

MENU OF SERVICES

THE SPA

Only steps away from downtown's buzz and waterfront, our holistic spa getaway offers a respite of physical and mental calm to balance Austin's naturally active energy. Upon entry, decompress with a detoxifying drink in our pretreatment reception lounge. As seasoned therapists discuss your needs and guide you through the dressing rooms and facilities, decide how you'll pamper yourself today: A deep facial? Customized massage? Afterwards, relax with a long steam shower. Need to hide out? Slip into serenity with in-room spa and beauty treatments by our wellness squad, available with advance notice.

MASSAGE

THE PROPER MASSAGE

A bespoke massage that will indulge your muscles, whether you are in need of a Swedish massage or Deep Tissue or perhaps an infusion of both.

75 min \$258 | 90 min \$298

AROMATHERAPY MASSAGE

Made exclusively for Austin Proper Hotel & Verbena Spa by Rootfoot Founder & Distiller, Laura Huth, the collection provides a series of aromatic experiences, highlighting the scents & interactive properties of specific plants native to the region.

75 min \$268 | 90 min \$308

SPORTS MASSAGE WITH CBD

An invigorating massage designed for active sports enthusiasts which incorporates stretching to enhance range of motion.

75 min \$268 | 90 min \$308

PRENATAL MASSAGE

Alleviate the discomforts of pregnancy and reclaim posture and flexibility. Sure to relieve stress on joints, neck and back while nurturing body and soul (Prenatal massage only performed after your first trimester).

75 min \$268 | 90 min \$308

TEQUILA: THE PROPER WAY

Ease your body aches with the healing oils of agave and tequila. Start with a sip of Casa del Sol Blanco Tequila that will touch all your senses as the massage therapist guides you through a meditation of reflection. Detoxifying to the skin all while increasing relaxation with our infusion massage.

90 min \$338 | 120 min \$438

BODY TREATMENTS

BODY PLANING: THE PROPER RENEWAL

This exfoliation treatment is an ancient Greek and Roman technique that helps remove excess skin, dirt, and oil from the body. You begin with a foot cleansing ritual, followed by warm steam to help soften the skin. Your body is anointed from head to toe with a restorative and firming body oil. An Esker™ body planing tool, or a modern Strigle, glides across the body exfoliating the skin leaving it soothed and smooth. Benefits include: the movement of blood, lymph, and superficial fascia.

75 min \$278

FACIALS

THE PROPER FACIAL

This bespoke five-step process resurfaces skin with nourishing enzyme exfoliation, refines pores through cleansing and extraction and boosts circulation and skin tone with rejuvenating, collagen-shaping massage. A tailored mask leaves skin plumped, balanced and glowing.

75 min \$258 | 90 min \$298

THE GUA SHA FACIAL

The radiance-inducing magic of the Proper facial deepened by the ancient Chinese Gua Sha technique. Here, the stone tool massages the face to stimulate the body's natural detox system for clearer skin and more even texture and tone. With boosted circulation and relieved muscle tension, this deeply relaxing treatment induces optimal skin health and instant luminosity.

75 min \$268

BACK TO FRONT FACIAL

Starting with the hard-to-reach area of your back by exfoliating, deep cleansing and hydrating, then your esthetician will turn the focus on your face's skincare and perform the Proper Facial.

90 min \$338

WELLNESS ENHANCEMENTS — FACE

LUXURY CBD BEAUTY SERUM – Saint Jane Beauty is a luxury, clean powerful skincare brand that's female centric and nurturing at its core. Award winning CBD skincare, named after Saint Jane the Saint of Healing. Massaged into your skin to any facial that will leave the skin feeling nourished, moisturized and calm. No added time \$45

LUXURY CBD BODY SERUM – Saint Jane Beauty is a luxury, clean powerful skincare brand that's female centric and nurturing at its core. Award winning CBD skincare, named after Saint Jane the Saint of Healing. Used as your massage oil for the neck and shoulder massage in any facial that will leave the skin feeling nourished, moisturized and calm.

No added time \$45

SMUDGE – Once burned, this Palo Santo smudge has purifying wellness properties that help release stress and anxiety, while clearing any negative energy.

No added time \$28

WELLNESS ENHANCEMENTS — BODY

CBD OIL – This multipurpose wellness add-on uses CBD for the face and body by Antara, which takes you from morning into evening with head-to-toe benefits for your skin and sore muscles.

No added time \$38

SMUDGE – Once burned, this Palo Santo smudge has purifying wellness properties that help release stress and anxiety, while clearing any negative energy.

No added time \$28

REFLEXOLOGY – Reflexology utilizes the application of pressure to specific reflex points located on the hands and feet that correspond to related organs and systems of the body. This add-on helps open energy flow and improves balance and circulation. You will feel the healing benefits throughout your entire body. *This is not recommended for expectant mothers.

No added time \$38

THERAGUN BOOST – Bring a new level of revival and relaxation to your next full-body treatment with Theragun Percussive Therapy. This proven method will assist in your deeper relaxation and body awareness, bringing about a more complete massage and improving overall well being.

No added time \$48 | \$78

WAXING

BROW – Brow shaping that includes a trim, wax and tweeze \$50

NOSTRILS – Inside of the nostrils \$28

LIP – Waxing of the upper lip \$40

CHIN – Waxing of chin and lower lip \$40

BIKINI – Allows you to take off as much or as little hair as you like from the front
If you want to leave a small strip, triangle, square, or nothing at all, it's up to you! \$78

BRAZILIAN – Brazilian (front, belly trail, inside thigh, back strip) \$108

HALF LEG – Includes the lower legs, knees, feet and toes \$60

FULL LEG – Upper and lower legs. Includes the knees, feet and toes
Does not include the bikini line \$98

HOURS OF OPERATION

Verbena Spa is open daily from 10:00am – 6:00pm.

PRICING AND PAYMENTS

To maintain maximum standards of service and quality, prices may change without prior notification. All major credit cards accepted. Personal checks are not accepted.

SPA ETIQUETTE

The Verbena Spa is a cellphone and smoke-free zone. Please respect all guests' right to privacy.

CANCELLATION

A valid credit card is required to hold all reservations. To avoid a full-fee charge, we require a 6-hour advance notice to cancel or reschedule any service. Please note that late arrival will result in reduced treatment time.

GRATUITY

For your ease and convenience, a suggested 20% gratuity will be applied to each service. It is fully distributed to the spa therapist and support staff who served you during your spa experience. You are welcome to make adjustments to the gratuity amount according to your personal experience at check-out.

ARRIVAL

We encourage your arrival 15 to 30 minutes prior to your appointment to enjoy exclusive spa facilities, including complimentary steam rooms, and lounge with accompanying amenities. We invite hotel guests to arrive at the Spa wearing the robe and slippers provided in their guest room. Verbena Spa will provide towels, slippers and additional amenities required for use during your spa experience.

HEALTH CONDITIONS

Prior to your treatment selection, please be sure to inform us of any health conditions you may have such as allergies, injuries, or pregnancy, as these may affect your treatment selection.

AGE POLICY

Guests must be 18 years of age or older to experience spa treatments and enjoy the spa facilities. Guest under the age of 18 can enjoy our spa treatments accompanied by a parent or guardian, they will not have access to the spa facilities.