

# BREAKFAST

WEEKDAYS 7 AM – 11 AM

## BUTTERMILK WAFFLE v Z1

POACHED PEAR, BROWN SUGAR OAT SORBET, VANILLA CREAM

## SAVORY RICE PORRIDGE v | DF 19

ROASTED MUSHROOMS, SOFT COOKED EGG, SESAME, SEAWEED, PUFFED WILD RICE

## SMOKED POLENTA GF Z1

CILANTRO BRAISED PORK, SCALLIONS, FRIED EGG, PICKLED FRESNO CHILIS

## HUEVOS RANCHEROS v | GF Z3

CHARRED AVOCADO, GIGANTE BEANS, FRESH CHEESE, CILANTRO, SMOKED YOGURT, CORN TORTILLAS, SUNNY SIDE UP EGGS

## THE CONTINENTAL BREAKFAST v Z2

MARKET FRUIT, TOAST WITH HOUSEMADE JAM & CULTURED BUTTER, CROISSANT, BREWED COFFEE, JUICE

## THE PROPER BREAKFAST Z6

TWO EGGS, CHICKEN SAUSAGE, BACON, SMASHED FINGERLING POTATO, ROASTED DELICATA, POMEGRANATE, BRAISED KALE, GRILLED SOURDOUGH

## WELLNESS

YOGURT & PUMPKIN SEED GRANOLA v | GF 18  
STRAWBERRY, BLUEBERRY, BLACKBERRY, ORANGE

OVERNIGHT OATS VG | GF 16  
ALMOND MILK, COCOA NIBS, CHIA SEEDS,  
PEANUT BUTTER, DRIED FRUIT

SHAKSHUKA v | GF Z3  
TOMATO SAUCE, EGGS, FETA, PEPPER SOFRITO,  
PARSLEY, ZA'ATAR, SPICED CHICKPEAS, PITA

EGG WHITE OMELETTE Z1  
MUSHROOMS, SPINACH, ARUGULA,  
AVOCADO, CHICKEN APPLE, SAUSAGE

### SMOOTHIES 11

MIXED BERRY  
BERRIES, AVOCADO,  
ORANGE JUICE

TROPICAL  
BANANA, LYCHEE,  
TURMERIC, COCONUT

MAYOR'S GREEN  
KALE, CELERY, GREEN  
APPLE, CUCUMBER

### BY HAPPY MOOSE COLD-PRESSED JUICE 12

STRAWBERRY FIELDS  
APPLE, ORANGE, STRAWBERRY,  
BEET, GINGER, TURMERIC

RAINBOW GREENS  
CUCUMBER, COCONUT WATER,  
SPINACH, CELERY, RAINBOW CHARD

TEA TONIC  
FERMENTED BURMESE TEA LEAVES,  
HONEY, LIME, THAI CHILI

### ORGANIC ADD-IN'S +4

SPIRULINA | HEMP SEED POWDER | PEA POWDER

## PROPER ADDITIONS

MARKET FRUIT 8 | SOURDOUGH TOAST 7

APPLEWOOD SMOKED BACON 8 | CHICKEN SAUSAGE 8

SMASHED FINGERLING POTATOES 10

CHOCOLATE TOAST 8

TOASTED BANANA BREAD 8 | CROISSANT 7

WITH WHIPPED HONEY

TRADITIONAL OR CHOCOLATE

## COFFEE & TEA COUNTER CULTURE (EMERYVILLE)

COFFEE 5 | COLD BREW 7 | ESPRESSO 5

CORTADO 6 | LATTE 6 | CAPPUCCINO 6

TEA LEAVES 'PROPER BLEND' ICED TEA 6

LEMON CHIFFON, ROOIBOS

KEY : (DF) DAIRY FREE, (GF) GLUTEN FREE, (V) VEGETARIAN, (VG) VEGAN