

BREAKFAST

WEEKDAYS 7 AM – 11 AM

TO PLACE YOUR ORDER,
PLEASE CALL OR TEXT (415) 786-3445

BUTTERMILK WAFFLE v 21

POACHED PEAR, BROWN SUGAR OAT SORBET, VANILLA BEAN CREAM

SAVORY RICE PORRIDGE v | DF 19

ROASTED MUSHROOMS, SOFT COOKED EGG, SESAME,
SEAWEED, PUFFED WILD RICE

SMOKED POLENTA GF 21

CILANTRO BRAISED PORK, SCALLIONS, FRIED EGG,
PICKLED FRESNO CHILIS

HUEVOS RANCHEROS v | GF 23

CHARRED AVOCADO, GIGANTE BEANS, FRESH CHEESE, CILANTRO,
SMOKED YOGURT, CORN TORTILLAS, SUNNY SIDE UP EGGS

THE CONTINENTAL BREAKFAST v 22

MARKET FRUIT, TOAST WITH HOUSEMADE JAM & CULTURED
BUTTER, CROISSANT, BREWED COFFEE, JUICE

THE PROPER BREAKFAST 26

TWO EGGS, CHICKEN SAUSAGE, BACON,
SMASHED FINGERLING POTATO, ROASTED DELICATA, POMEGRANATE,
BRAISED KALE, GRILLED SOURDOUGH

WELLNESS

YOGURT & PUMPKIN SEED GRANOLA v | GF 18

STRAWBERRY, BLUEBERRY, BLACKBERRY, ORANGE

OVERNIGHT OATS VG | GF 16

ALMOND MILK, COCOA NIBS, CHIA SEEDS,
PEANUT BUTTER, DRIED FRUIT

SHAKSHUKA v | GF 23

TOMATO SAUCE, EGGS, FETA, PEPPER SOFRITO,
PARSLEY, ZA'ATAR, SPICED CHICKPEAS, PITA

EGG WHITE OMELETTE 21

MUSHROOMS, SPINACH, ARUGULA,
AVOCADO, CHICKEN APPLE, SAUSAGE

SMOOTHIES 14

MIXED BERRY

BERRIES, AVOCADO,
ORANGE JUICE

TROPICAL

BANANA, LYCHEE,
TURMERIC, COCONUT

MAYOR'S GREEN

KALE, CELERY, GREEN
APPLE, CUCUMBER

BY HAPPY MOOSE

COLD-PRESSED JUICE 12

STRAWBERRY FIELDS

APPLE, ORANGE, STRAWBERRY,
BEET, GINGER, TURMERIC

RAINBOW GREENS

CUCUMBER, COCONUT WATER,
SPINACH, CELERY, RAINBOW CHARD

TEA TONIC

FERMENTED BURMESE TEA LEAVES,
HONEY, LIME, THAI CHILI

ORGANIC ADD-IN'S +4

SPIRULINA | HEMP SEED POWDER | PEA POWDER

PROPER ADDITIONS

MARKET FRUIT 8 | SOURDOUGH TOAST 7

APPLEWOOD SMOKED BACON 8 | CHICKEN SAUSAGE 8

SMASHED FINGERLING POTATOES 10 | CHOCOLATE TOAST 8

TOASTED BANANA BREAD WITH WHIPPED HONEY 8

CROISSANT - TRADITIONAL or CHOCOLATE 7

COFFEE & TEA COUNTER CULTURE (EMERYVILLE)

COFFEE 5 | COLD BREW 7 | ESPRESSO 5

CORTADO 6 | LATTE 6 | CAPPUCINO 6

TEA LEAVES 'PROPER BLEND' ICED TEA LEMON CHIFFON, ROOIBOS 6