

BREAKFAST

WEEKDAYS 7 AM – 11 AM

BUTTERMILK WAFFLE V 22

Spring Berries, Kumquat, Salted Maple Ice Cream, Vanilla Bean Cream

SAVORY RICE PORRIDGE V | DF 19

Roasted Mushrooms, Soft Cooked Egg, Sesame, Seaweed, Puffed Wild Rice

SMOKED POLENTA GF 25

Cilantro Braised Pork, Scallions, Fried Egg, Pickled Fresno Chilis

HUEVOS RANCHEROS V | GF 24

Charred Avocado, Gigante Beans, Fresh Cheese, Cilantro, Smoked Yogurt, Corn Tortillas, Sunny Side Up Eggs

THE CONTINENTAL BREAKFAST V 24

Market Fruit, Toast with Housemade Jam & Cultured Butter, Croissant, Brewed Coffee, Juice

THE PROPER BREAKFAST 27

Two Eggs, Chicken Sausage, Bacon, Smashed Fingerling Potato, Asparagus, Shiitake, Snap Peas, Grilled Sourdough

WELLNESS

YOGURT & PUMPKIN SEED GRANOLA V | GF 19

Strawberry, Blueberry, Blackberry, Orange

OVERNIGHT OATS VG | GF 17

Almond Milk, Cocoa Nibs, Chia Seeds, Peanut Butter, Dried Fruit

SHAKSHUKA V | GF 25

Tomato Sauce, Eggs, Feta, Pepper Sofrito, Parsley, Za'atar, Spiced Chickpeas, Pita

EGG WHITE OMELETTE 24

Mushrooms, Spinach, Arugula, Avocado, Chicken Apple, Sausage

SMOOTHIES 15

MIXED BERRY
BERRIES, AVOCADO,
ORANGE JUICE

TROPICAL
BANANA, LYCHEE,
TURMERIC, COCONUT

MAYOR'S GREEN
KALE, CELERY, GREEN
APPLE, CUCUMBER

BY HAPPY MOOSE COLD-PRESSED JUICE 12

STRAWBERRY FIELDS
APPLE, ORANGE, STRAWBERRY,
BEET, GINGER, TURMERIC

RAINBOW GREENS
CUCUMBER, COCONUT WATER,
SPINACH, CELERY, RAINBOW CHARD

LEMON-AID DETOX
LEMONGRASS, ALOE, COCONUT
CHARCOAL & NECTAR, PEPPERMINT

ORGANIC ADD-IN'S +4

SPIRULINA | HEMP SEED POWDER | PEA POWDER

PROPER ADDITIONS

MARKET FRUIT 10 | SOURDOUGH TOAST 7

APPLEWOOD SMOKED BACON 8 | CHICKEN SAUSAGE 8

SMASHED FINGERLING POTATOES 11

CHOCOLATE TOAST 9

TOASTED BANANA BREAD 9 | CROISSANT 7

WITH WHIPPED HONEY

TRADITIONAL OR CHOCOLATE

COFFEE & TEA COUNTER CULTURE (EMERYVILLE)

COFFEE 6.50 | COLD BREW 8.50 | ESPRESSO 6.50

CORTADO 7.50 | LATTE 7.50 | CAPPUCCINO 7.50

TEA LEAVES 'PROPER BLEND' ICED TEA 7

LEMON CHIFFON, ROOIBOS