

# BREAKFAST

WEEKDAYS 7 AM – 11 AM

## **BUTTERMILK WAFFLE** V 22

Roasted Pear & Apple, Salted Maple Ice Cream, Vanilla Bean Cream

## **SAVORY RICE PORRIDGE** V | DF 19

Roasted Mushrooms, Soft Cooked Egg, Sesame, Seaweed, Puffed Wild Rice

## **SMOKED POLENTA** GF 25

Cilantro Braised Pork, Scallions, Fried Egg, Pickled Fresno Chilis

## **HUEVOS RANCHEROS** V | GF 24

Charred Avocado, Gigante Beans, Fresh Cheese, Cilantro, Smoked Yogurt, Corn Tortillas, Sunny Side Up Eggs

## **THE CONTINENTAL BREAKFAST** V 24

Market Fruit, Toast with Housemade Jam & Cultured Butter, Croissant, Brewed Coffee, Juice

## **THE PROPER BREAKFAST** 27

Two Eggs, Chicken Sausage, Bacon, Smashed Fingerling Potato, Kale, Delicata Squash, Shitake Mushroom, Pomegranate, Fresh Curds, Grilled Sourdough

## WELLNESS

### **YOGURT & PUMPKIN SEED GRANOLA** V | GF 19

Summer Berries, Orange, Honey

### **OVERNIGHT OATS** VG | GF 17

Almond Milk, Cocoa Nibs, Chia Seeds, Peanut Butter, Dried Fruit

### **SHAKSHUKA** V | GF 25

Tomato Sauce, Eggs, Feta, Pepper Sofrito, Parsley, Za'atar, Spiced Chickpeas, Pita

### **EGG WHITE OMELETTE** 24

Mushrooms, Spinach, Arugula, Avocado, Chicken Apple Sausage

### **SMOOTHIES** 15

MIXED BERRY  
BERRIES, AVOCADO,  
ORANGE JUICE

TROPICAL  
BANANA, LYCHEE,  
TURMERIC, COCONUT

MAYOR'S GREEN  
KALE, CELERY, GREEN  
APPLE, CUCUMBER

### BY HAPPY MOOSE **COLD-PRESSED JUICE** 12

STRAWBERRY FIELDS  
APPLE, ORANGE, STRAWBERRY,  
BEET, GINGER, TURMERIC

RAINBOW GREENS  
CUCUMBER, COCONUT WATER,  
SPINACH, CELERY, RAINBOW CHARD

LEMON-AID DETOX  
LEMONGRASS, ALOE, COCONUT  
CHARCOAL & NECTAR, PEPPERMINT

### **ORGANIC ADD-IN'S** +4

SPIRULINA | HEMP SEED POWDER | PEA POWDER

## PROPER ADDITIONS

MARKET FRUIT 10 | SOURDOUGH TOAST 7

APPLEWOOD SMOKED BACON 8 | CHICKEN SAUSAGE 8

SMASHED FINGERLING POTATOES 11

CHOCOLATE TOAST 9

TOASTED BANANA BREAD 9 | CROISSANT 7

WITH WHIPPED HONEY

TRADITIONAL OR CHOCOLATE

## COFFEE & TEA COUNTER CULTURE (EMERYVILLE)

COFFEE 6.50 | COLD BREW 8.50 | ESPRESSO 6.50

CORTADO 7.50 | LATTE 7.50 | CAPPUCCINO 7.50

TEA LEAVES 'PROPER BLEND' ICED TEA 7

LEMON CHIFFON, ROOIBOS