

AMMORTAL CHAMBER

FAQ (FREQUENTLY ASKED QUESTIONS)



WHAT ARE THE TECHNOLOGIES USED IN THE CHAMBER?

The Chamber uses a proprietary blend of PEMF/PEF, photobiomodulation (NIR/IR), molecular hydrogen, vibroacoustic therapy, and guided meditation.

WHAT ARE THE WAVELENGTHS OF THE PHOTOBIMODULATION (NIR/IR)?

660nm and 850nm at 100mW/cm²

WHAT IS THE STRENGTH OF THE PEMF/PEF?

The PEMF/PEF in the Chamber uses a high-voltage electrostatic field to deliver an analog electromagnetic energy with frequencies ranging from 0.5hz to 50mhz and field strength similar to that of the human cell.

DO I NEED TO REMOVE ALL OF MY JEWELRY?

No. Wedding bands and small rings may remain on. All other large jewelry should be removed to prevent damage to the acrylic surface.

You can choose to leave on items like an Apple Watch, Woop, Oura Ring or similar, however, over time, the battery life could be affected due to multiple technologies interacting.

CAN I USE MY PHONE WHILE I'M IN THE CHAMBER?

No. Phones or other electric devices may not be used while in the Chamber.

Additionally, Chamber users should not come into contact with any device that is plugged into the wall while they are using the Chamber.

HOW LONG DOES A SESSION TAKE?

Currently, sessions range from 25 to 50 minutes depending on the program selected.

HOW OFTEN SHOULD I USE THE AMMORTAL CHAMBER?

Generally, individuals see maximum benefit when they use the chamber 3 to 5 times per week. It is designed for daily use, but should not be used more than 60 minutes per day.

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WHAT DO I WEAR DURING A CHAMBER SESSION?

The Chamber is designed to be experienced nude - as the photobiomodulation in particular is great for the skin. However, about 50% of people choose to keep their undergarments on - as it's most important that you're comfortable while inside the Chamber. A bathing suit or even clothes (as long as there are no exposed buttons, snaps or zippers that could damage the acrylic surface) are also options.

ARE THERE ANY CONTRAINDICATIONS OR REASONS I'D BE UNABLE TO USE THE CHAMBER?

Pacemaker/implantable cardiac device - **DO NOT** use the Chamber, as the electrical fields may interfere with pacemakers/implantable cardiac devices and cause malfunction and/or death.

Any implanted electrical device in the body eg: cochlear implant, brain stim device, insulin pump, Inspire device (sleep apnea) **DO NOT** use the Chamber. If these devices can be disabled or turned off without any adverse events (i.e. insulin pumps & the Inspire device), then you may be able to experience the Chamber if allowed by your doctor.

Pregnancy - **DO NOT** use the Ammortal Chamber if you are pregnant or may be pregnant.

DO NOT use the Ammortal Chamber if you have ever had an adverse reaction to any of the following modalities: infrared light, pulsed electromagnetic field (PEMF), pulsed electric field (PEF), vibroacoustic therapy, molecular hydrogen, or meditation exercises.

Sensitivity to light/seizure disorders - seek guidance from a physician prior to use.