

# APRIL FITNESS CLASS SCHEDULE

<b>MONDAY</b>	7am - 8am	Vinyasa Yoga	Slay Studios
<b>TUESDAY</b>	7am - 8am	Vinyasa Yoga	Slay Studios
	5:30pm - 6:30pm	HIIT	Rebecca
<b>WEDNESDAY</b>	8am - 9am	Mat Pilates	Bianca
	5:30pm - 6:30pm	Flow Yoga	Ariana
<b>THURSDAY</b>	8am - 9am	Pilates	Erica
	5:30pm - 6:30pm	Tone & Sculpt	Kati
<b>FRIDAY</b>	8am - 9am	Yoga Sculpt	Teo
	5:30pm - 6:30pm	Breathwork	Natalia
<b>SATURDAY</b>	8:45am -9:45am	Vinyasa Yoga	Rebecca
	10:15am - 11:15am	Breath + Sound	Ope_n - Anna
<b>SUNDAY</b>	9am - 10am	Vinyasa Yoga	Slay Studios

SPACE IS LIMITED – PLEASE RESERVE IN ADVANCE