

PALMA

BRUNCH MENU

Across Santa Monica Proper, we are dedicated to supporting both a healthy lifestyle & the work of California farms, purveyors, and fisheries. Our menus spotlight quality-driven, seasonal, and organic ingredients—focusing on produce from local farmers' markets, humanely-raised & grass-fed meat, & sustainable seafood.

We are 100% seed oil-free. We cook only with non-seed oils like avocado and olive, and our fryers use Zero Acre oil, made from fermented Noli fruit.

WELLNESS BOWLS

SEEDED OVERNIGHT OATS 20 v gf n

Flaxseed, Chia, Blueberries, Goji Berries, Toasted Coconut, Almond Milk

GREEK GODDESS YOGURT PARFAIT 20 gf n

Greek Yogurt, Sumac, Farmers Market Berries, Banana, Granola, Flamingo Estate Raw Honey

MARKET

WHIPPED FAVA 18 n v

Black Sesame, Pistachios, Lemon Oil, Flaxseed Lavash

CRISPY JIDORI CHICKEN 26

Chile Vinaigrette, Herb Salad, Cucumbers, Lime

FRUIT & BERRIES 21

Featuring Local Santa Monica Farmers Market Partners:

Beylik Farm | Harry's Berries | Munak Ranch
Murray Family Farms | Terry Ranch

TOASTS

ADD TWO ORGANIC EGGS ANY STYLE +6 | SMOKED SALMON +12

AVOCADO 22 v

Avocado, Charcoal Sourdough, Arugula, Crispy Shallots, Garlic & Pepita Crumble

SMOKED SALMON 30

Smoked Salmon, Pickled Mustard Seed, Whipped Herby Labneh, Preserved Lemon, Capers, Bagel

PROPER FRENCH TOAST 28 vg n

Tres Leches, Berry Rose Compote, Toasted Macadamia Nuts, Whipped Mascarpone

SIDES

HALF AVOCADO +7

SAUTEED TUSCAN KALE +5

SPROUTED SEED HASHBROWN +9

SMOKED SALMON +12

APPLEWOOD SMOKED BACON +10

CHICKEN APPLE SAUSAGE +9

PRIME STEAK +28

TOAST +8

choice of sourdough, seeded whole wheat, charcoal sourdough

BAGEL & CREAM CHEESE +9

choice of everything bagel or plain bagel

SALADS

Avocado +7 | Grilled Jidori Chicken +16 | Seared Salmon +22

Baja Shrimp +18 | Prime Steak +28

THE GARDEN OF GEM SALAD 21 vg

Green Garlic Goddess, Avocado, Mint
Breadcrumbs, Shaved Persian Cucumbers

CITRUS & BEET SALAD 22

Seasonal Citrus Segments, Roasted Beets, Whipped Goat Cheese, Candied Walnuts, Meyer Lemon Emulsion

GRILLED SHRIMP COBB 30

Grilled Corn, Shiitake, Bacon, Cherry Tomato, Avocado, Meyer Lemon Cream

PALMA FAVORITES

MORNING RITUAL 38

Designed To Promote Microbiome Health

Two 7-Minute Eggs, Roasted Sweet Potato, Pickled Vegetable, Mixed Greens, Avocado, Organic Maple Vinaigrette
served with house chicken bone broth

PALMA BURGER 34

Pear & Barnet Dry-Aged Beef, White Cheddar, Red Onion, Special Sauce

served with choice of fries or market green salad

gluten-free bun available upon request

plant-based burger option available

EGGS BENEDICT 28

Poached Eggs, Sourdough, Arugula & Grape Tomato Salad, Prosciutto Cotto, Meyer Lemon Hollandaise

PROPER BREAKFAST 36

Two Eggs Any Style, Sprouted Hash Brown, Avocado, Sautéed Tuscan Kale, Toast

choice of chicken apple sausage, bacon & choice of juice or drip coffee

BREAKFAST BURRITO 26

Scrambled Eggs, Chorizo, Crispy Potatoes, Queso Chihuahua, Fire-Roasted Salsa, Avocado

CHICKEN WRAP 30

Grilled Jidori Chicken, Fava Bean Spread, Spinach, Roasted Piquillo Pepper Relish, Goat Cheese, Heirloom Tomato

v | vegan gf | gluten free vg | vegetarian v | vegan gf | gluten free vg | vegetarian df | dairy free rf | raw food n | contains nuts

For parties of 6 or more guests, Santa Monica Proper adds a 20% service charge that goes directly to its colleagues. Warning: certain foods and beverages sold or served here can expose you to chemicals including Acrylamide in many fried or baked foods, and Mercury in fish, which are known to the State of California to cause cancer and birth defects or other reproductive harm. For more information go to www.p65warnings.ca.gov/restaurant. Consuming raw or undercooked meat, poultry, seafood, shellfish, or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.



BEVERAGE MENU

SURYA SPA AYURVEDIC BLENDS

OUR EXCLUSIVE AYURVEDIC LATTES ARE SPECIALLY CURATED BY SURYA SPA'S FOUNDER AND WESTERN LEADER OF AYURVEDIC MEDICINE, MARTHA SOFFER. AYURVEDA IS A COMPREHENSIVE SYSTEM OF HEALTH AND WELL-BEING, BORN IN INDIA OVER 10,000 YEARS AGO. PRACTICES SUCH AS YOGA, MEDITATION AND NATURAL MEDICINE ALL WORK TOGETHER TO CREATE BALANCE AND HEALTH IN BODY, MIND AND SPIRIT.

BRAINPOWER LATTE 15

Brahmi, Dandy Blend, Superfood Creamer

quicken the mind and strengthen your memory. for productivity, with natural herbs.

WHOLE BODY ENERGY LATTE 15

Cordyceps Ashwagandha, Kapikacchu, Dandy Blend, Superfood Creamer

enhance and enliven without caffeine. a latte for full body energy, made from adaptogenic herbs and mushrooms

HEALING HOT CHOCOLATE 15

Cacao, Cinnamon, Chaga, Cordyceps, Lion's Mane, Maitake

bold and creamy cacao to enrich the body & mind. a heart opening latte, made with healing antioxidants.

MIGHTY TUMERIC LATTE 15

Tumeric, Ginger, Astragalus, Tulsi, Pepper

warming, energizing, and deeply nourishing. a grounding latte, made with anti-inflammatory plant medicine.

SMART MATCHA LATTE BY **autonomy**[®] 12

AWAKEN YOUR MIND WITH SUSTAINED CLARITY AND ENERGY. AN ADAPTOGENIC LATTE FOR LASTING VITALITY, CRAFTED BY MICHELIN-TRAINED CHEF, PATRICK DRAKE

Organic Matcha, Lion's Mane, Reishi Cordyceps, Madagascan Vanilla, Macadamia Cashew, Almond

CAFÈ

FROM OUR FRIENDS AT COUNTER CULTURE
SERVED WITH YOUR CHOICE OF MILK

ESPRESSO 7

AMERICANO 7

CAPPUCCINO 8

LATTE 8

MOCHA 8

COLD BREW 9

WELLNESS JUICES

SUNSHINE 18

Orange, Apple, Aloe Vera, Turmeric, Lemon, Black Pepper
supports immune & digestive health

MORNING GREENS 18

Cucumber, Celery, Spinach, Lemon, Kale, Parsley
immune system reboot & boosts energy

BEETLE 18

Apple, Lemon, Ginger, Beet
powerful anti-inflammatory & supports immune system

FRESH SMOOTHIES

*BLENDED WITH YOUR CHOICE OF PLANT-BASED ORGANIC MILK
ALMOND, COCONUT, OAT*

PACIFIC BLUE 20 v gf

Blue Spirulina, Young Coconut, Dates, Pineapple, Blueberries, Banana

SUPER GREENS 20 v gf

Spinach, Bloom Nutrition Greens & Superfood, Young Coconut, Killa Vanilla Ice Cream, Dates, Vanilla Protein Powder

MUSCLE BEACH 20 v gf n

Form Nutrition Chocolate Peanut Vegan Protein, Maca, Banana, Cacao Nibs, Young Coconut, Cinnamon, Royal Jelly Powder

AMAZON BERRY 20 v gf n

Açaï, Banana, Bee Pollen, Young Coconut, Raw Honey, Beet Root

STRAWBERRY GLOW 20 v gf

Moon Juice Vegan Collagen Powder, Strawberry, Young Coconut, Banana, Dates, Beet Root

SMOOTHIE ENHANCEMENTS

COWBOY COLOSTRUM VANILLA COLD FOAM +5 gf
enhances immune response, reduces inflammation, repairs gut lining

FORM VANILLA VEGAN PROTEIN POWDER +6 v gf
plant-based vegan protein & curcumin aids in muscle growth and recovery

MOON JUICE COLLAGEN POWDER +6 v gf
supports muscle and bone health, improves skin health, hydration, supports natural collagen production, plant-based

AMAZING GRASS GREENS BLEND SUPERFOOD +4 v gf
supports digestive health & immunity, source of vitamins, fiber & antioxidants

NAVITAS MACA SUPERFOOD +6 v gf
increases stamina & energy, regulates mood, sleep & metabolism