

PALMA

BREAKFAST

Palma is guided by the seasons and rooted in Southern California's bounty. Working closely with local farmers and purveyors, our chefs select ingredients at their peak to reflect our coastal landscape. We source responsibly raised, non-GMO meats and sustainably caught seafood. Our kitchen cooks exclusively with non-seed oils, including avocado and olive oil.

WELLNESS BOWLS

MARKET FRUIT 22 v
Featuring Local Santa Monica Farmers Market Partners:
Beylik Farm | Harry's Berries | Munak Ranch
Murray Family Farms | Terry Ranch

CHIA KEFIR PUDDING 20 v gf n
Blueberries, Goji Berries, Flaxseed,
Granola, Coconut, Mint

GREEK GODDESS YOGURT PARFAIT 23 gf n
Greek Yogurt, Sumac, Farmers Market Berries,
Banana, Granola, Flamingo Estate Raw Honey

TOASTS

add two organic eggs any style +6 | smoked salmon +12

AVOCADO 29 v
Radish, Salsa Macha, Cilantro, Sprouts,
Country Sourdough

SMOKED SALMON 30
Cucumbers, Dill, Cream Cheese, Red Onion, Capers,
Everything Bagel

WELLNESS FAVORITES

MORNING RITUAL 38 df
Designed To Promote Microbiome Health
Two 7-Minute Eggs, Roasted Sweet Potato, Pickled Vegetable,
Ancient Grain, Avocado, Kimchi Scallions
served with house chicken bone broth
**no substitutions*

PROPER BREAKFAST 38
Two Eggs Any Style, Sprouted Hash Brown,
Avocado, Sautéed Tuscan Kale, Toast
*Peas & Barnett bacon or chicken apple sausage &
juice or drip coffee*

POWER OMELET 29
Egg Whites, Kale, Mushrooms, Goat Cheese,
Arugula Frisée
choice of toast

MEDITERRANEAN EGGS 30 df
Shakshuka, Poached Egg, Sautéed Tuscan Kale,
Seeded Country Bread

CALIFORNIA CLASSICS

BREAKFAST BURRITO 29
Scrambled Eggs, Chorizo, Crispy Potatoes, Queso
Chihuahua, Fire-Roasted Salsa, Avocado

WHOLE GRAIN PANCAKES 26 n gf
Almond Butter, Banana, Granola, Maple Syrup

SIDES

HALF AVOCADO +8
SAUTEED TUSCAN KALE +5
SPROUTED SEED HASHBROWN +9
SMOKED SALMON +12
PEADS & BARNETT SMOKED BACON +11
CHICKEN APPLE SAUSAGE +10
PRIME STEAK +28
TOAST +10
choice of sourdough, seeded whole wheat
BAGEL & CREAM CHEESE + 9
choice of everything bagel or plain bagel

MORNING PASTRIES

served with jam & butter

DATE & CARDAMOM LOAF 10 gf df n

GLUTEN FREE MUFFIN 10 vg gf

RAW SUPERFOOD GRANOLA BAR 12 v n

BUTTER CROISSANT 8 vg

WELLNESS JUICES

SUNSHINE 18
Orange, Apple, Aloe Vera, Turmeric, Lemon, Black Pepper
Supports immune & digestive health

MORNING GREENS 18
Cucumber, Celery, Spinach, Lemon, Kale, Parsley
immune system reboot & boosts energy

BEETLE 18
Apple, Lemon, Ginger, Beet
powerful anti-inflammatory & supports immune system

FRESH SMOOTHIES

*blended with your choice of plant-based organic milk
almond, coconut, oat*

PACIFIC BLUE 20 v gf
Bright Energy
Blue Spirulina, Young Coconut, Dates, Pineapple, Blueberries, Banana
SUPER GREENS 20 v gf
Daily Balance
Spinach, Bloom Nutrition Greens & Superfood, Young Coconut, Killa
Vanilla Ice Cream, Dates, Vanilla Protein Powder

MUSCLE BEACH 20 v gf n
Strength & Recovery
Form Nutrition Chocolate Peanut Vegan Protein, Maca, Banana,
Cacao Nibs, Young Coconut, Cinnamon, Royal Jelly Powder

AMAZON BERRY 20 v gf
Rich in Antioxidants
Açaí, Banana, Mixed Berries, Young Coconut, Raw Honey, Beet Root

STRAWBERRY GLOW 20 gf
Radiance & Hydration
Moon Juice Vegan Collagen Powder, Strawberry, Young Coconut,
Banana, Dates, Beet Root

FUNCTIONAL ADD-INS

BALANCE

COWBOY COLOSTRUM VANILLA COLD FOAM +5 gf
enhances immune response, reduces inflammation, repairs gut lining
AMAZING GRASS GREENS BLEND SUPERFOOD +4 v gf
*supports digestive health & immunity, source of vitamins,
fiber & antioxidants*

ENERGY

FORM VANILLA VEGAN PROTEIN POWDER +6 v gf
plant-based vegan protein & curcumin aids in muscle growth and recovery
NAVITAS MACA SUPERFOOD +6 v gf
increases stamina & energy, regulates mood, sleep & metabolism

EQUIP PROTEIN POWDER +6 v gf
*A clean, grass-fed beef protein powder with 21g of protein plus
collagen for gut, skin, and joint support.*

RADIANCE

MOON JUICE COLLAGEN POWDER +6 v gf
*supports muscle and bone health, improves skin health,
hydration, supports natural collagen production, plant-based*

v vegan | gf gluten free |vg vegetarian | df dairy free | rf raw food | n contains nuts

For parties of 6 or more guests, Santa Monica Proper adds a 20% service charge that goes directly to its colleagues. Warning: certain foods and beverages sold or served here can expose you to chemicals including Acrylamide in many fried or baked foods, and Mercury in fish, which are known to the State of California to cause cancer and birth defects or other reproductive harm. For more information go to www.p65warnings.ca.gov/restaurant. Consuming raw or undercooked meat, poultry, seafood, shellfish, or eggs may increase your risk of food borne illness, especially if you have certain medical conditions .

PALOMA

BEVERAGE MENU

SURYA SPA AYURVEDIC BLENDS

OUR EXCLUSIVE AYURVEDIC LATTES ARE SPECIALLY CURATED BY SURYA SPA'S FOUNDER AND WESTERN LEADER OF AYURVEDIC MEDICINE, MARTHA SOFFER. AYURVEDA IS A COMPREHENSIVE SYSTEM OF HEALTH AND WELL-BEING, BORN IN INDIA OVER 10,000 YEARS AGO. PRACTICES SUCH AS YOGA, MEDITATION AND NATURAL MEDICINE ALL WORK TOGETHER TO CREATE BALANCE AND HEALTH IN BODY, MIND AND SPIRIT.

BRAINPOWER LATTE 15

Pre-work, Focus
Brahmi, Dandy Blend, Superfood Creamer

WHOLE BODY ENERGY LATTE 15

Pre-Workout
Cordyceps Ashwagandha, Kapikacchu, Dandy Blend, Superfood Creamer

HEALING HOT CHOCOLATE 15

Cognitive Function
Cacao, Cinnamon, Chaga, Cordyceps, Lion's Mane, Maitake

SIGNATURE TEAS

SMART MATCHA LATTE BY **autonomy**[®] 10 n

AWAKEN YOUR MIND WITH SUSTAINED CLARITY AND ENERGY.
AN ADAPTOGENIC LATTE FOR LASTING VITALITY, CRAFTED BY
MICHELIN-TRAINED CHEF, PATRICK DRAKE

Organic Matcha, Lion's Mane, Reishi Cordyceps, Madagascan Vanilla,
Macadamia Cashew, Almond

AYURVEDIC DETOX BY MOUNTAIN ROSE HERBS 14

Cumin Seed, Coriander Seed, Fennel Seed
A revitalizing tea that cleanses and detoxifies while aiding digestion, metabolism and immunity.

CAFÈ

*from our friends at Counter Culture served
with your choice of milk*

ESPRESSO 8

AMERICANO 8

CAPPUCCINO 9

LATTE 9

MOCHA 9

COLD BREW 9

HOT CHOCOLATE 8

TEAS

ENGLISH BREAKFAST 8

LONG LIVE GREEN 8

EARL GREY WITH LAVENDER 8

PEPPERMINT 8

CHAMOMILE 8

MONSOON CHAI 8

IMPERIAL OOLONG 8