



BRUNCH

Palma is guided by the seasons and rooted in Southern California's bounty. Working closely with local farmers and purveyors our chefs select ingredients at their peak to reflect our coastal landscape.

We source responsibly raised, non-GMO meats and sustainably caught seafood. Our kitchen cooks exclusively with non-seed oils, including avocado and olive oil.

PALMA SANTA MONICA

PALMA FAVORITES

WHOLE GRAIN PANCAKES	26	GF N
Almond Butter, Banana, Granola, Maple Syrup		
PROPER BURGER	38	
House Ground Beef, Proper Sauce, Smoked Cheddar, Lettuce, Tomato Red Onion, Pickle		
served with choice of fries or market green salad		
FALAFEL PITA	32	DF V
Golden Tahini, Hummus, Pickled Cabbage, Cucumber Salsa, Arugula		
served with choice of fries or market green salad		
EGGS BENEDICT	28	
Poached Eggs, Sourdough, Arugula & Tomato Salad, Prosciutto Cotto Meyer Lemon Hollandaise		
PROPER BREAKFAST	38	
Two Eggs Any Style, Sprouted Hash Brown, Avocado, Sautéed Tuscan Kale		
Served with a choice of toast, Peads & Barnett bacon or chicken apple sausage & juice or drip coffee		
BREAKFAST BURRITO	29	
Scrambled Eggs, Chorizo, Crispy Potatoes, Queso Chihuahua		
Fire-Roasted Salsa, Avocado		
TURKEY CLUB	30	
RC Provisions Turkey Breast, Peads & Barnett Bacon, Iceberg Lettuce		
Heirloom Tomatoes, Avocado, Pickled Onions, Raisin-Naisse, Wheat Bread		
ROASTED ORGANIC CHICKEN BREAST	38	DF GF
Rosies Organic Chicken, Tricolore Salad, Piquillo Chimichurri		
Broccoli Di Cicco		

SURYA SPA AYURVEDIC BLENDS

Our exclusive Ayurvedic lattes are specially curated by Surya Spa's founder and Western leader of Ayurvedic medicine, Martha Soffer. Ayurveda is a comprehensive system of health and well-being, born in India over 10,000 years ago. Practices such as yoga, meditation, and natural medicine all work together to create balance and health in body, mind, and spirit.

BRAINPOWER LATTE	15
Pre-work, Focus - Brahmi, Dandy Blend, Superfood Creamer	
WHOLE BODY ENERGY LATTE	15
Pre-Workout - Cordyceps, Ashwagandha, Kapikacchu, Dandy Blend, Superfood Creamer	
HEALING HOT CHOCOLATE	15
Cognitive Function - Cacao, Cinnamon, Chaga, Cordyceps, Lion's Mane, Maitake	

SIGNATURE TEAS

NEKOHAMA MATCHA	12
A single-origin, ceremonial-grade organic green tea harvested on the volcanic island of Kyushu, Japan.	
SMART MATCHA LATTE BY autonomy	10
Organic Matcha, Lion's Mane, Reishi Cordyceps, Madagascan Vanilla, Macadamia Cashew, Almond	
Awaken Your Mind With Sustained Clarity and Energy. An Adaptogenic Latte for Lasting Vitality	
Crafted by Michelin-Trained Chef, Patrick Drake	
AYURVEDIC DETOX BY MOUNTAIN ROSE HERBS	14
Cumin Seed, Coriander Seed, Fennel Seed	
A revitalizing tea that cleanses and detoxifies while aiding digestion, metabolism, and immunity.	

FRESH SMOOTHIES

blended with your choice of plant-based organic almond, coconut, or oat milk

PACIFIC BLUE20VGF

Bright Energy - Blue Spirulina, Young Coconut, Dates, Pineapple, Blueberries, Banana

SUPER GREENS20VGF

Daily Balance - Spinach, Bloom Nutrition Greens & Superfood, Young Coconut
Killa Vanilla Ice Cream, Dates, Vanilla Protein Powder

MUSCLE BEACH20VGFN

Strength & Recovery - Form Nutrition Chocolate Peanut Vegan Protein, Maca, Banana
Cacao Nibs, Young Coconut, Cinnamon, Royal Jelly Powder

AMAZON BERRY20GF

Rich in Antioxidants - Açai, Banana, Mixed Berries, Young Coconut, Raw Honey, Beet Root

STRAWBERRY GLOW20GF

Radiance & Hydration - Moon Juice Vegan Collagen Powder, Strawberry, Young Coconut
Banana, Dates, Beet Root

FUNCTIONAL ADD-INS

Cowboy Colostrum Vanilla Cold Foam +5GF

enhances immune response, reduces inflammation, repairs gut lining

Form Vanilla Vegan Protein Powder +5GF

plant-based vegan protein & curcumin aids in muscle growth and recovery

Amazing Grass Greens Blend Superfood +4VGF

supports digestive health & immunity, source of vitamins, fiber & antioxidants

Navitas Maca Superfood +6VGF

increases stamina & energy, regulates mood sleep & metabolism

Moon Juice Collagen Powder +6VGF

supports muscle and bone health, improves skin health, hydration, supports natural collagen production, plant-based

Equip Protein Powder +6VGF

a clean, grass-fed beef protein powder with 21g of protein plus collagen for gut, skin, and joint support.

WELLNESS BOWLS

CHIA KEFIR PUDDING20VGFN

Blueberries, Goji Berries, Flaxseed, Granola, Coconut, Mint

GREEK GODDESS YOGURT PARFAIT23GFN

Greek Yogurt, Sumac, Farmers Market Berries, Banana, Granola
Flamingo Estate Raw Honey

MARKET

Perfect for sharing or grazing

WHIPPED FAVA20NV

Black Sesame, Pistachios, Lemon Oil, Flaxseed Lavash

MARKET FRUIT22V

Featuring Local Santa Monica Farmers Market Partners:
Baron Family Farms, Harry’s Berries, Munak Ranch, Murray Family Farms, Terry Ranch, Weiser Farm

TOASTS

Add two organic eggs any style +6 | smoked salmon +12 | Peads & Barnett bacon +11

AVOCADO29V

Radish, Salsa Macha, Cilantro, Sprouts, Country Sourdough

SMOKED SALMON30

Cucumbers, Dill, Cream Cheese, Red Onion, Capers, Everything Bagel

(V) VEGAN (GF) GLUTEN FREE (VG) VEGETARIAN (DF) DAIRY FREE (RF) RAW FOOD (N) CONTAINS NUTS

For parties of 6 or more guests, Santa Monica Proper adds a 20% service charge that goes directly to its colleagues. Some foods and beverages served here may contain trace elements found naturally in the environment, which are known to the State of California to cause cancer or reproductive harm. Learn more at www.P65Warnings.ca.gov.

SIDES

- HALF AVOCADO +8
- SAUTÉED TUSCAN KALE +5
- SPROUTED SEED HASHBROWN +9
- SMOKED SALMON +12
- PEADS & BARNETT SMOKED BACON +11
- CHICKEN APPLE SAUSAGE +10
- STEAK +18
- TOAST +10
 - choice of sourdough or seeded whole wheat
- BAGEL & CREAM CHEESE +10
 - choice of everything bagel or plain bagel

SALADS

Avocado +7 | Jidori Chicken +16 | Seared Salmon +22 | Baja Shrimp +18 | Steak +18

THE GARDEN OF GEM SALAD	27	VG
Green Garlic Goddess, Avocado, Mint Breadcrumbs		
Shaved Persian Cucumbers		
GRILLED SHRIMP COBB	32	
Grilled Corn, Shiitake Bacon, Cherry Tomato, Avocado		
Meyer Lemon Dressing		
GRAIN BOWL	32	V
Quinoa, Farro, Asparagus, Green Onion Kimchi, Avocado, Kinder Greens		
Marinated Garbanzos		

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CAFÉ

from our friends at Counter Culture served with your choice of milk

ESPRESSO	8
AMERICANO	8
CAPPUCCINO	9
LATTE	9
MOCHA	9
COLD BREW	9

WELLNESS JUICES

SUNSHINE	18
Orange, Apple, Aloe Vera, Turmeric, Lemon, Black Pepper	
supports immune & digestive health	
MORNING GREENS	18
Cucumber, Celery, Spinach, Lemon, Kale, Parsley	
immune system reboot & boosts energy	
BEETLE	
Apple, Lemon, Ginger, Beet	18
powerful anti-inflammatory & supports immune system	

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BEVERAGE MENU

PALMA SIGNATURE COCKTAILS

THE LEMON DROP TREE	24
Citrus Vodka, Limoncello, Honey, Lemon, Sakura Vermouth	
WEST SIDE SOUR	20
Weber Ranch Vodka, Ginger Syrup, Lemon, Honey, Egg White	
STRAWBERRY CANYON	22
Bacardi Rum, Fresh Strawberry, Mint, Lime, Champagne	
PRICKLY PEAR TRAIL	22
Condesa Prickly Pear Gin, St-Germain, Lemon, Cucumber, Soda, Peychaud's Bitters	
SEA GLASS	24
Nosotros Blanco Tequila, Green Chartreuse, Melon & Cucumber Cordial, Thai Basil	

PALMA SIGNATURE SPIRIT-FREE COCKTAILS

SUNBURST SPRITZ	15
Lapos Aperitivo, Grapefruit, Honey, Grapefruit Soda	
GOLDEN STATE COLLINS	15
Aplos Arise, Ginger Turmeric Honey Syrup, Lemon, Ginger Beer	
PHONY NEGRONI	14
Tuscan Juniper, Southern Italian Citrus & Florals	
WOODY'S SPARKLING BLANC DE BLANC	16 / 64
WOODY'S SPARKLING ROSÉ	16 / 64

PROPER SIGNATURE COCKTAILS

PROPER MARTINI	28
Avocado Oil-Washed Grey Goose Vodka Condesa Gin, Fino Sherry, Vermouths, Fennel	
PROPER PALOMA	25
Choice of Patrón Silver Tequila or Illegal Joven Mezcal, Basil Salted Agave, Grapefruit, Soda	
PROPER MARGARITA	23
LALO Tequila, Fino Sherry, Aloe Liqueur, Lime, Agave	
PROPER GOLD RUSH	20
Angel's Envy Bourbon, Ginger Turmeric Honey Syrup, Lemon	
PROPER SPRITZ - LOW ABV	23
St-Germain, Aplos Ease, Mint, Cucumber, Prosecco, Soda	

BEER

PERONI	8
SCRIMSHAW PILSNER	10
TRUMER PILSNER	10
SANTA MONICA BREW WORKS 'INCLINED' IPA	12
ERDINGER N/A	6
BERO N/A	6